

# Policing in Pitt Meadows

May 2022



## Prevent Mail and Identity Theft

Identity theft is when someone steals your name and personal information to access your finances, buy goods and incur debts in your name. Given the opportunity, identity thieves will obtain your personal information by stealing mail or searching garbage for discarded mail.

### Follow these tips to protect yourself:

- Use a locked mailbox and collect your mail daily. Use mail hold services to suspend delivery when you are away.
- Shred documents that contain personal information, such as credit card statements, before disposing of them.
- File a change of address with Canada Post, banks, and other services when you move.
- When sending mail containing sensitive or financial information, drop it off at your local post office rather than a mailbox.
- If you see suspicious activity at your mailbox, report it immediately.

If you think you might be a victim of identity theft, contact your bank, local RCMP and the Canadian Anti-Fraud Centre immediately.

### Pitt Meadows Community Policing Office

104 -12027 Harris Road,  
Pitt Meadows, BC, V3Y 2B5

604.465.2402 | rcmp.gc.ca

### Hours of Operation

8:00am to 4:00pm  
Monday to Friday

f @RMRCMP

### What can the Community Policing Office do for you?

The Community Policing Office is a close and convenient place for residents to:

- Report a crime
- Obtain a criminal record check
- Find safety information
- Get advice or talk to a police officer

t @RidgeRCMP