

# KIDS GYM

## Parent Info

### Welcome !

The Kids Gym afterschool program provides a fun, safe, active, inclusive and positive environment for children. Kids Gym has a consistent structure and routine that provides participants with an easy transition from school to the program. Daily activities include active games, educationally based experiences, artistic and scientific endeavors within a fun and inclusive environment!

### Sample Day Schedule:

2:20pm - 2:30pm | Sign In

2:30pm - 5:00pm | Active Games/Playground/Gymnasium

5:00pm | Sign Out

### Camp Code

Our goal is to create an atmosphere that all children feel accepted and welcome. Adhering to a code of conduct that all participants must follow is the best way to set boundaries in order for everyone to feel included in program.



01

**LISTEN TO THE LEADERS**



02

**HANDS AND FEET TO YOURSELF**



03

**HELP OTHER PARTICIPANTS**



04

**USE POSITIVE LANGUAGE**



05

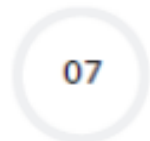
**BE KIND TO OTHERS; MEET NEW FRIENDS.**

**BULLYING IS NOT ACCEPTABLE**



06

**TELL LEADERS WHERE YOU ARE GOING AND USE THE BUDDY SYSTEM**



07

**REFRAIN FROM THE USE OF ELECTRONICS AND PERSONAL BELONGINGS**



08

**BE OPEN AND FLEXIBLE TO LEARNING NEW GAMES**



09

**LEADERS ARE THE ONLY ONES ALLOWED IN THE STORAGE ROOM**



10

**HAVE FUN!**

### What To Know :

The Kids Gym program requires parents/guardians to fill out a waiver form for their child(ren). To save time on the first day, we recommend that the waiver forms be filled in, signed and ready to hand in on arrival.

This form is very important to staff and the safety of your child within the program. Please include any information that staff should need to know such as: medical information, special needs, allergies, EPIPEN, fears, walk-home authorization, custody issues, etc.