

EMERGENCY PREPAREDNESS

For Infants

3-DAY INFANT EMERGENCY KIT

Preparing to evacuate with an infant is not easy, below is a list of items to consider, whatever your feeding process you use:

DIAPERS AND WIPES:

- 42 Diapers
- 84 Wipes
- 10 Bibs/spit up clothes

BREAST FEEDING

- 24 Nursing pads
- 1 Blanket
- 1 Breast pump
- 2 Nursing bra/tank
- 1 HPA Lanolin (tube)
- 9 Milk storage bags and/or bottles

READY TO USE FORMULA

- 24 Single-serving
- 24 Disposable nipples
- 1 Paper towel (roll)
- 50 Antiseptic wipes
- 1 Hand Soap

POWDERED FORMULA

- 1 Powdered formula (tin)
- 1 Measuring container (for water)
- 1 Feeding cup or
- 24 Bottles and nipples (preferably disposable)

STERILIZATION SUPPLIES (If you are reusing bottles or nipples)

- 1 Large pot with lid
- 1 Metal Tongs
- 1 Paper towel (roll)
- 1 Soap for hand washing
- 1 Dish Detergent

