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**RIDGE MEADOWS HOSPITAL  
PHYSICIAN ENGAGEMENT SOCIETY**

**Contact Information:**

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**PRESS RELEASE FROM THE RIDGE MEADOWS HOSPITAL PHYSICIAN ENGAGEMENT SOCIETY  
MARCH 22, 2020**

The physicians of Maple Ridge and Pitt Meadows are on the frontlines in the battle against COVID-19. This crisis is unlike anything we have experienced in our lifetime. We are working flat out to be there for our patients and their families.

Doctors cannot do this alone. What the public does now will impact the health of British Columbians in the weeks and months ahead. Lives depend on your actions now.

Our province is in a state of emergency. Here is the directive from our Provincial Health Officer, Dr Bonnie Henry:

- Stay home unless absolutely necessary. This means no dinner parties. No shopping. No sports, even outside. Have coffee with a friend online.
- Keep two metres or six feet away from everyone if you must go out. That's about the width of a car or the length of two arms stretched out.
- Wash your hands frequently.
- Tell your loved ones to do the same.

This is especially important for young people. We sometimes see you out in the park or at the beach. You can get sick from this virus. More importantly, you can be carriers and cause a lot of harm to parents, grandparents, and other loved ones.

**The time is now. We can't wait one more hour or one more day. Let's save lives, together.**

On behalf of our entire local medical community, we urge you to stay home.

Sincerely,

Dr K. Burns - President

Dr. W. Tsui – Vice-President

Dr. J Lee – Treasurer

Dr. M. Strovski – Board Member

Dr. Z. Redenbach – Board Member

Dr. O. Lampen – Medical Director