



Zero Waste Starter Kit



Zero Waste Canada

This guide aims at helping you reduce waste throughout the year and transition into a true, zero waste lifestyle. A zero waste lifestyle is the first step in creating a better planet for generations to come. Because there is no Planet B.

Join the Zero Waste Movement now.

ZeroWasteCanada.ca

ZERO WASTE ZERO WASTE STARTER KIT

Zero Waste 2018

- Remember: Waste is a verb, not a noun.
- Having a Zero Waste Kit helps create good habits.
- The Zero Waste items listed here fit into any regular-sized handbag.
- With your Zero Waste Kit you're going to set a good example for others to follow.



Waste is a verb, not a noun. As such, it is a habit. And habits can change.

With this guide, we'd like to walk you through simple steps how you can start 2018 with good habits and advance on your path toward Zero Waste.

**Have fun creating the Zero Waste lifestyle
you desire!**



10-Item Zero Waste Starter Kit

Suggestions from Zero Waste Canada

- ☐ Reusable on-the-go shopping bags
- ☐ Reusable on-the-go coffee mugs
- ☐ Reusable on-the-go water bottles
- ☐ Reusable on-the-go straws (stainless steel or silicone)
- ☐ Reusable collapsible silicone containers that fit into your bag
- ☐ Reusable tissues
- ☐ Reusable on-the-go napkins
- ☐ Reusable pads for women
- ☐ Reusable parchment paper
- ☐ Reusable on-the-go cutlery

These items fit into any regular-sized handbag and even the smallest backpack.