



The “Natural Place to live, work, play and invest,” the City of Pitt Meadows is a picturesque community of just over 18,500 residents, boasting a small town atmosphere with all the urban amenities, beautiful outdoor environment, and a great quality of life, located just one hour east of downtown Vancouver.

Group Fitness Instructors – Level I

The City of Pitt Meadows Recreation Department is looking for passionate and enthusiastic individuals to lead fitness classes. We are currently recruiting for individuals with TRX expertise.

Reporting to the Recreation Program Services Coordinator, these positions are responsible for leading exercise programs for youth, adults and seniors, focusing on functional exercises, balance, agility, cardiovascular fitness, strength and flexibility. Group Fitness Instructors will provide direct instruction, leadership and program management for a specific activity/interest.

The successful applicants must hold a current Group Fitness BCRPA certificate or related equivalent with one of more fitness-related modules, i.e. Older Adult, Osteofit, Indoor Cycling, 3rd Age Certification, Boot camp & Circuit classes, TRX/Suspension training, Adapted Fitness Instructor and have experience planning and leading group fitness and/or cycle classes.

Other required qualifications include:

- Current Group Fitness Instructor Certification – BCRPA or related equivalent
- Valid and ongoing continuing education credits in BCRPA
- Current First aid and CPR

**Copies of relevant professional certificates will be required at the time of the interview.*

A Level 1 Fitness Instructor will teach programs such as; Low Impact Aerobics (50+), 20/20/20, Cardio Fit, Spin/Cycle, Cycle Core, Total Body Sculpt, Core & Stretch, Weekend Warrior, Boot Camp, Step and/or Bosu Classes, Body Toning, TRX and small group circuit classes.

Salary Rate: \$33.00 per hour

This is an excellent opportunity to join a team dedicated to creating a vibrant, sustainable, complete and livable community.

*For more information and a complete job description visit our website at:
<https://www.pittmeadows.ca/city-hall/working-city/current-opportunities>*

Apply on-line by submitting a resume and cover letter detailing how your skills compare to the above requirements, in confidence, at:

<https://www.pittmeadows.ca/city-hall/working-city/current-opportunities>

This posting will remain open until all positions are filled.

We thank all applicants, however, only those selected for an interview will be contacted.